

SPRING ACTIVITIES

Here are a few fun activities for you and your child to try this spring!



EGG CARTON DAFFODILS: April showers bring May Flowers! To start, help your child cut out one cup of an empty egg carton. Then, with fingers or paintbrushes, paint the egg carton cup yellow. Next, paint a craft/popsicle stick green for the stem. As the paint dries, cut out the shape of a flower with four petals from a piece of yellow construction paper. Now glue the yellow egg carton cup to the center of your paper flower. Finally, glue your green stem to the back of the paper flower and watch your daffodil blossom!

What you will need: Egg carton; yellow and green paint; craft/popsicle stick; yellow and green construction paper; scissors; glue; paper bowl (optional); paintbrushes (optional)



SPRING EGG CARTON CHICKS: Start by taking an empty egg carton and helping your child cut out two of the cups. Glue the two egg carton cups together on their open ends to create the body of the chick. Once the glue dries, paint the egg carton body any color you would like your chick! While the paint dries, cut a piece of orange construction paper into the shape of a diamond and fold it in half to create the beak. Create your chick's face by gluing the beak in the center of its body and by drawing two eyes above with a black marker. Optionally, you can help your child poke a small hole at the top of the chick's head and insert a craft feather or a feather cut out of colored construction paper!

What you will need: Egg carton; colored paint; colored construction paper; black marker; glue; scissors; craft feathers (optional)



RECYCLED PAPER BEE: Begin with the empty toilet paper roll to make the body of the bee. With fingers or paintbrushes, help your child paint the outside of your tube yellow. Wait for the yellow paint to dry, then paint black stripes across the tube. As the black paint dries, use child-safe scissors to cut the shape of bee

wings out of any recycled paper available to you. An old newspaper or magazine would work great! Once the paint dries on the toilet paper roll, glue your bee's new wings in the middle of the roll. At the end of the roll, glue on two googly eyes or draw on a pair of eyes with a black marker. Next, cut a black pipe cleaner into seven small pieces about one inch long. Carefully, punch six holes on the toilet paper roll for legs (three holes on each side). Now thread the pipe cleaners through each of the holes from one side to the other to create the bee's legs. Repeat this step to create the two antennae above your bee's eyes. Finally, close each open side of the roll by folding the top and bottom together and tucking in the corners. Secure the front of the bee's body with a staple. Now place the final piece of the pipe cleaner in the back end of the roll to create the stinger. Secure the shape and stinger with a staple in the middle. Ta da!

What you will need: Empty toilet paper roll; recycled paper (old printer paper or an old newspaper/magazine); yellow and black paint; black pipe cleaner; black marker; stapler; glue; brushes (optional); googly eyes (optional)

CONTACT US!

Do you have questions about the WIND Study? Did you recently move, or change your phone number or e-mail? Please let us know so we can stay in touch. Call or e-mail us anytime.

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GET TO KNOW: DAVID ZHENG



David is a Clinical Research Coordinator at Massachusetts General Hospital (MGH) who conducts phone interviews for the WIND Study. He has been working at MGH since graduating from Princeton University in 2015, and he will attend medical school this fall. David has enjoyed getting to know the families who participate in the study, hearing about how the kids are doing, and seeing how they have developed over his three years working here. He says, "My favorite part of working on the WIND Study is getting to speak with all the wonderful parents. Thank you for being easy to talk to and for motivating me to become the best future doctor that I can be!"

WIND STUDY RESEARCH UPDATE: VISITS HAVE BEGUN!

The WIND Study Team is excited to share that the age 6-Year In-Person Visits have officially begun! Thank you so much to everyone who already came in for a visit – it has been great to see you in-person and see how much your child has grown! For those who have an upcoming visit scheduled, we look forward to seeing you soon.

Whether you have a visit coming up or are waiting to be scheduled, here's what you can expect during the visit: a clinician will take your child's vital signs (such as blood pressure and temperature), measure their height and weight, listen to their lungs, examine their skin for rashes, ask you about their skin health, look inside their nose, do a nasal and saliva swab, and do a quick blood draw. There will also be two breathing tests: one will measure for airway inflammation and the other will measure how well your child's lungs are working. The visit will last about two hours and we will compensate you \$125 for your time, travel, and participation. During the visit, we will also give you a kit to collect your child's stool at home; the kit comes with pre-paid packaging and you will receive an additional \$50 once the stool sample is returned to us in the mail!

Check out the map below to see all the cities in which we have hospitals participating in the WIND Study's Age 6-Year Exam. If you are still living near the hospital where your child was originally enrolled in the WIND Study, your in-person visit will most likely occur at this hospital. If you have moved since enrolling in the study, we welcome you to attend your in-person visit at the one of our participating hospitals nearest you. Feel free to contact our WIND Study coordinators at 855-815-WIND (9463) if you have any questions about the visits or hospital locations.



15
hospitals
conducting visits



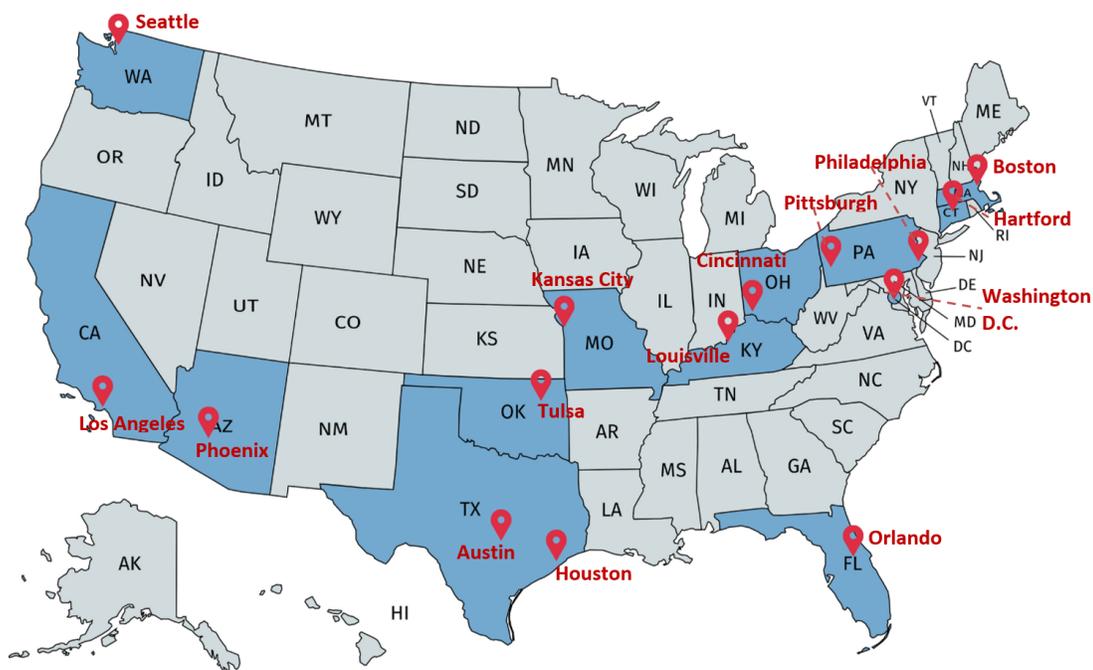
178
visits completed



272
upcoming visits



310
miles for the
furthest distance
traveled for a visit



WIND STUDY PROGRESS: WHERE ARE WE NOW?

We cannot thank you enough for all the support you have shown us throughout the years! The WIND Study started 8 years ago in 2011, and here is a snapshot of what we have accomplished together and where we are now!



May 2019
9,300

Completed Follow-up
Interviews to Date



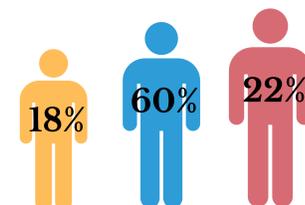
Follow-up Interview
Completion Rate



Birthdays
163

163 Participants are
celebrating a birthday
this spring

Participant Age (Years)



5 YRS 6 YRS 7+ YRS